

FAMILY WILD CAMPING

Kit Checklist



Shelter & Sleeping Gear

- Tent (lightweight / OR bivvy bags + tarp)
- Sleeping bags (check season rating)
- Sleeping mats (foam or insulated)
- Inflatable pillows



Fun for Kids (choose 1 or 2)

- Scavenger hunt / notepad
- Card games (Uno, Dobble)
- Head torches
- Frisbee / kite / ball
- Hammock
- Hot chocolate sachets
- Sketchbook + pencils



Optional Comforts

- Small teddy for children
- Picnic blanket
- Inflatable light
- Earplugs & Eye mask



Cooking & Food Supplies

- Stove + gas
- Saucepan
- Matches/lighter
- Rubbish bag
- Small eco-wash + cloth + towel
- Penknife
- Peg (for tea towel)
- Food
- Teabags / coffee bags
- Per person**
- Spork / lightweight
- cutlery
- Lightweight bowls
- Collapsible mugs/cups
- Water (2L+ per person)



Safety & Navigation

- Printed/downloaded map/route
- Portable charger
- First aid kit (plasters, meds, foil blanket, bandages, wipes, bite cream, burn gel, scissors)



Clothing & Footwear

- trousers/leggings
- t-shirt
- walking boots
- cap
- fleece
- base layer
- waterproof jacket
- cros/ flip flops
- PJs/long johns
- underwear
- spare t-shirt
- Spare change of clothes (in car)



Hygiene & Toileting

- Hand sanitiser
- Toilet roll
- Dog poo bags / plastic bags (for waste)
- Small trowel (if allowed)
- Pee cloth (e.g. Kula cloth)
- Washkit (toothbrushes etc)



Please remember - Leave No Trace!
Take all waste, respect nature & landowners,
keep noise low, no open fires.

